

TRAININGSPLAN 2025/2026

| | Montag | Fläche | Dienstag | Fläche | Mittwoch | Fläche | Donnerstag | Fläche | Freitag | Fläche |
|-----------------------|---------------|----------|---------------|----------|---------------|----------------|---------------|---------------|---------------|----------|
| Herren I | | | 19:00 - 20:30 | R 1/2 | | | 19:00 - 20:30 | R 1/2 | | |
| Herren II | | | 19:15 - 20:45 | KR 3/4 | | | 19:15 - 20:45 | KR 3/4 | | |
| Alte Herren | | | | | | | 18:30 - 20:00 | KR klein | | |
| A-Jugend U19 | 19:00 - 20:30 | KR 3/4 | | | 19:00 - 20:30 | KR klein / 1/2 | | | 19:00 - 20:30 | KR 1/2 |
| B-Jugend U17 | | | 18:00-19:30 | KR 1/2 | 18:00 - 19:30 | KR 1/2 | | | 18:00 - 19:30 | KR 3/4 |
| C-Jugend U15 | 18:00 -19:30 | KR 1/2 | | | 18:00 - 19:30 | KR 3/4 | 17:30 - 19:00 | KR 3/4 | | |
| C-Jugend U14 | | | 17:30 - 19:00 | KR 3/4 | | | 17:30 - 19:00 | KR 1/2 | | |
| D-Juniorinnen U13w | | | | | 17:00- 18:30 | KR klein | | | 17:00 - 18:30 | KR klein |
| D-Juniorinnen U13w II | | | 18:00 - 19:30 | R3/4 | | | 17:00 - 18:30 | KR klein | | |
| D-Jugend U13m | 17:30 -19:00 | KR 3/4 | | | 17:30 -19:15 | R4 | | | 17:30 - 19:00 | KR 1/2 |
| E1-Jugend U11 | | | 17:00 - 18:30 | R1 | | | 17:00 - 18:30 | R1 / KR klein | | |
| E2-Jugend U11 II | 17:30 - 19:00 | KR klein | | | 17:30 - 19:00 | R3 | | | | |
| E3-Jugend U10 | | | 17:30 - 19:00 | KR klein | | | 17:30 - 19:00 | R2 | | |
| E4-Jugend U10 II | | | | | 16:30 -18:00 | R1 | | | 16:30 -18:00 | R1 |
| F1-Jugend U9 | | | 16:30 - 18:00 | R3 | | | | | 17:00 - 18:30 | Soccer |
| F2-Jugend U9 II | | | | | 17:00 - 18:30 | R4 | | | 17:00 - 18:30 | R2 |
| F3-Jugend U8 | | | 16:30 - 18:00 | KR 1/2 | | | 16:30 - 18:00 | R3 | | |
| F4-Jugend U8 II | | | | | 17:00 - 18:30 | R4 | | | 17:00 - 18:30 | R4 |
| G1-Jugend U7 | | | 17:00 - 18:30 | R2 | | | 17:00 - 18:30 | R4 | | |
| G-Jugend U7 II | 17:00 -18:30 | R2 | | | | | 17:00 -18:30 | R4 | | |
| G3-Jugend U6 | | | | | | | 16:30 - 18:00 | R2 | | |
| Fußballschule | | | | | | | 16:00 - 17:00 | Soccer | | |



CONFIDENTIAL